



August 19, 2020

Game day guidelines for cheerleading/dance teams at football games

- Follow the school's protocol for traveling on busses or vans.
- Any cheerleader/dancer selling items or taking money should wear a mask.
- All reusable (vinyl) run through signs should be sanitized after each game.
- All reusable hand held signs used to lead a crowd should be cleaned and sanitized after each game.
- Poms should be sanitized after each game and not shared if possible.
- Cheerleaders/dancers should have their own bottle of water (either brought from home or supplied by coaches). Please follow the school's hydration plan.
- Hand sanitizer should be available and used often.
- Please check with the Athletic Director or football coach to see if the players' box has been extended. This may determine a difference in where the cheerleaders stand to cheer.
- For teams that are cheering/dancing on the track, there will be plenty of room to spread out to create social distancing.
- Masks are recommended while the team is stunting or if social distancing is not an option.
- Cheerleaders should not greet the opposing team's cheerleaders. Coaches may want to consider preparing a gift basket or just a note from the team in place of the typical meet and greet.
- After the game, make sure that cheerleaders/dancers continue to social distance while leaving the field.
- Please caution cheerleaders/dancers about greeting players and congregating after the game. Social distancing regulations should still apply.
- Please continue to check the guidelines set by each school's administration.