

# Georgia Cheerleading SEPTEMBER 2022 Coaches Association

### **GCCA NEWSLETTER**









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# Welcome From The President

**DEAR COACHES.** 

GRATEFUL IS THE WORD THAT COMES TO MIND AS WE CLOSE OUT THE 2021-2022 CHEER SEASON AND ARE PREPARING FOR OUR 2022-2023 CHEER SEASON. I AM GRATEFUL FOR GHSA BEING COMMITTED TO OUR ATHLETES AND ALLOWING US TO HAVE ATHLETICS WHILE MAINTAINING A SAFE ENVIRONMENT. I AM GRATEFUL FOR SUPPORTIVE SCHOOL SYSTEMS THAT ALLOWED ATHLETICS TO CONTINUE AS WELL. I AM GRATEFUL FOR MY GCCA COACHING FAMILY THAT ALWAYS PROVIDED ENCOURAGEMENT AND SUPPORT WHEN I NEEDED IT. I AM GRATEFUL FOR MY ATHLETES WHO ENDURED THE LONGEST SEASON OF THEIR CHEER CAREERS. IN A WORLD WHERE THERE SEEMS TO BE NO "NORMAL" ANYMORE, WE WERE ABLE TO PROVIDE AT LEAST A SMALL AMOUNT OF NORMALCY AS WE COACHED OUR ATHLETES ON THE SIDELINES AND THE COMPETITION FLOOR.

COACHING IN THE MIDDLE OF A PANDEMIC HAS CHALLENGED US IN WAYS THAT WE COULD'VE NEVER IMAGINED. THIS CHEER SEASON TAUGHT OUR ATHLETES AND US AS COACHES RESILIENCY. OUR ATHLETES HAD TO LEARN TO BE FLEXIBLE AND ADAPT QUICKLY TO CHANGES. EACH WEEK BROUGHT NEW CHALLENGES THAT HAD TO BE OVERCOME AND OUR ATHLETES STEPPED UP AND FINISHED STRONG. IT MADE ME REALIZE THAT WE CANNOT TAKE OUR TIME WITH OUR ATHLETES FOR GRANTED. IT MADE ME APPRECIATE THE TIME I WAS GIVEN WITH THEM. AS COACHES, ALWAYS KNOW HOW IMPORTANT YOU ARE TO YOUR ATHLETES. EVERY DAY WILL NOT BE EASY AND CHALLENGES WILL COME, BUT THEY WILL ALWAYS REMEMBER THE IMPACT YOU MADE ON THEIR LIVES AND THAT YOU WERE ALWAYS THERE TO ENCOURAGE AND CHEER THEM ON TO THE FINISH OF EVERY SEASON.

OUR GCCA SPRING CONFERENCE WAS JUST WHAT I NEEDED TO GET MY CHEER SPIRIT REFILLED AND READY TO PREPARE FOR THE UPCOMING SEASON. WE HAD SUCH AMAZING SPEAKERS THAT GAVE US SO MANY NEW IDEAS TO BRING TO OUR OWN TEAMS. IT WAS AWESOME TO SEE AND FELLOWSHIP WITH MY COACHING FRIENDS FROM ACROSS THE STATE ALL WHILE REFUELING MY PASSION FOR THIS SPORT AND MY ATHLETES. MY WISH IS FOR GCCA TO HELP YOU TO CONTINUE TO FUEL YOUR PASSION FOR COACHING AND BE YOUR BEST FOR YOUR ATHLETES. WE ALL NEED SUPPORT AND ENCOURAGEMENT AND TO KNOW WE ARE DOING OUR BEST. OUR GOAL IS TO PROVIDE YOU WITH THE SUPPORT AND RESOURCES YOU NEED TO BE THE BEST COACH YOU CAN BE FOR YOUR ATHLETES.

I AM EXCITED AS WE MOVE INTO THIS NEW SEASON. WE NEED TO ENCOURAGE AND LIFT EACH OTHER. WE NEED TO EXTEND GRACE, PATIENCE, AND LOVE TO EACH OTHER, OUR ATHLETES, AND OURSELVES. I WISH EACH OF YOU THE BEST AS YOU FINISH OUT YOUR SCHOOL YEAR WITH TRYOUTS, FITTINGS, AND PREPARATIONS FOR SUMMER CAMPS. I HOPE THAT YOU HAVE A RESTFUL AND REJUVENATING SUMMER AS WE PREPARE FOR THE 2022-2023 SEASON.

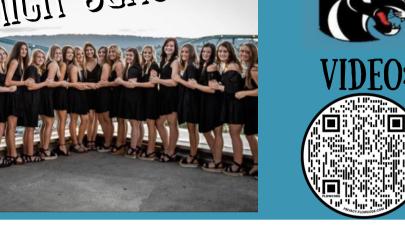
CHEERS.

Cyndi Blain
PRESIDENT GCCA

	CYNTHIA EVANS-BLAIR	PRESIDENT	LAKESIDE- EVANS	CYNTHIA.BLAIR@ CCBOE.NET
Jeans	STACEY SCHMUHL	1ST VICE PRESIDENT/ COTY COORDINATOR	SOUTH FORSYTH	STACEYSCHMUHL@ GMAIL.COM
	CHARITA BOWERS	2ND VICE PRESIDENT	SAVANNAH CHRISTIAN	CBOWERS@ SAVCPS.COM
	SHAYLA BRAWNER	PAST PRESIDENT/ COACH OTY COORDINATOR	SOUTH FORSYTH	SBRAWNER@ Forsyth.K12.Ga.US
-0	JENN SPIEGEL	REGION 1/ SOCIAL MEDIA	HILLGROVE	JENNIFER.SPIEGEL@ COBBK12.ORG
hi	MICHELE PILDNER	REGION 2	LOCUST GROVE	MPILDNER@ HENRY.K12.GA.US
B	SHANNON BEDNAROWSKI	REGION 3	MCINTOSH	SHANNONBED@ BELLSOUTH.NET
Cert	GINGER REEVES	REGION 4	SONORAVILLE	GREEVES@ GCBE.ORG
b/b	LANE FLOYD	REGION 5	SPRAYBERRY	ROBERT.FLOYD@ COBBK12.ORG
	ANETTE GRATZNER	REGION 6	ALLATOONA	COACHGRATZER@ GMAIL.COM
<i>f</i>	ABBY BATES	REGION 7/ WEBSITE	RIDGELAND	ABBYBATES@ Walker-Schools.org
C	REBECCA BROWN	REGION 8	WALNUT GROVE	REBECCA.BROWN@ WALTON.K12.GA.US
	HOLLIE BEALE	NEWSLETTER/ REGION REP COORDINATOR/ CONFERENCE ASSISTANT	WEST LAURENS	WLHSBEALE@ GMAIL.COM
B	DENISE FROST	VENDORS	MORGAN COUNTY	DENISE.FROST@ MORGAN.K12.GA.US
	LIN KERR	GHSA/GACA LIAISON	EASTSIDE	KERR.LIN@ NEWTON.K12.GA.US
GCCA.	ANN MICHELLE TOOLE	CONFERENCE COORDINATOR	VIDALIA	ATOOLE@ VIDALIA-CITY.K12.GA.US
	APRIL SMITH	TOTY COORDINATOR	PUTNAM COUNTY	APRIL_SMITH@ PUTNAM.K12.GA.US









# 2023 TEAM OF THE YEAR NOMINATION FORM



# Senior Testimonies From Savannah Christian Preparatory School

I WISH I WOULD HAVE KNOWN THAT THOSE 4 YEARS OF CHEERLEADING WOULD BE THE BEST MOMENTS OF MY LIFE AND SOMETHING I WOULD ALWAYS LOOK BACK ON AND SMILE. I WILL ALWAYS CHERISH THOSE MEMORIES WITH MY TEAMMATES AND COACHES FOREVER AND THAT'S SOMETHING I'LL NEVER FORGET!

- ANSLEA SCHUMAN SCPS CLASS OF 2022

I WISH I WOULD HAVE KNOWN HOW MUCH FUN IT WAS AND STARTED DOING IT EARLIER! AND I WISH I KNEW HOW MUCH THESE FRIENDSHIPS WERE GOING TO MEAN TO ME!
- CLARA COPPOCK SCPS CLASS OF 2022

I WISH I WOULD HAVE NOT TAKEN ANY OF THE GAMES (BOTH HOME AND AWAY) FOR GRANTED BECAUSE NO MATTER WHAT EVEN IF IT WAS RAINING OR THE SUN WAS SHINING WE ALWAYS HAD FUN JUST BEING ALL TOGETHER! I ALSO WISH I WOULD HAVE COME INTO IT FRESHMAN YEAR NOT BEING NERVOUS BECAUSE IT WAS THE BEST PART ABOUT HIGH SCHOOL AND I LOVED THE FRIENDSHIPS AND RELATIONSHIPS THAT CAME FROM CHEER!

- LANDYN HILDEBRANDT SCPS CLASS OF 2022

THE TRANSITION FROM MY MIDDLE SCHOOL CHEER TEAM AND HIGH SCHOOL CHEER TEAM WAS AN ADJUSTMENT. IT WAS A DIFFERENT CHEER STYLE AND COACHING STYLE. THERE WAS A DIFFERENT LEVEL OF ACCOUNTABILITY BUT I WAS TO ADAPT FAIRLY EASILY. COACH BOWERS HELP MY TRANSITION AND SO DID THE SENIORS FROM MY FRESHMAN YEAR. I AM VERY THANKFUL FOR THE HELP IN MY TRANSITION BECAUSE IT MADE ME INTO THE CHEERLEADER I AM TODAY.

- ASHLEE MOON SCPS CLASS OF 2022

THERE'S NOTHING REALLY I WISH I WOULD'VE KNOWN BEFORE DOING CHEER. IT WAS A LITTLE DIFFERENT ESPECIALLY SINCE IT WAS HIGH SCHOOL CHEER AND NOT A PUBLIC SCHOOL. BUT OVERALL IT WAS GREAT TO LEARN NEW THINGS AND SEE HOW OTHER PEOPLE CHEER.

- KENIYAH WILLIAMS SCPS CLASS OF 2022

I WISH THAT I WOULDN'T HAVE QUIT COMPETITION CHEER MY SENIOR YEAR BECAUSE I FELT LIKE I WASN'T GOOD ENOUGH WHEN IN REALITY EVERYONE HAS A SPECIAL PART IN MAKING A TEAM ALL COME TOGETHER AS ONE.

- KYLEE SAXON SCPS CLASS OF 2022





SUMMER ADAMS

DAWSON COUNTY

COLUMBUS

WHITEWATER



**ALLY ANDERSON** 

HART COUNTY



**EMMA BLAIR** 



**AVA BOWLES** 

COMMERCE



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FAITH BROWN

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**ZOEY FRANKLIN** 

MODEL



KYNDALL FRENELLE



ADALYN GREER

LAKE OCONEE ACADEMY



MCKAELYN HANEY

SONORAVILLE



KARSYN HAYES

**BACON COUNTY** 



LINDSEY HERRING



EMMA HIBBS

STARR'S MILL



LAURA ANN KEITH

TRION



REBECCA LANSON

STARR'S MILL



ALEX McEWEN

OCONEE COUNTY



MADISON MILLS

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COLUMBUS



CARDEN ORR

MODEL



SYLER OWEN

MOUNT PARAN CHRISTIAN



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WHITEWATER



SARAH ROYAL

SAVANNAH CHRISTIAN



RYLEIGH SHEPARD

EAST LAURENS



**LORI SMITH** 

RIDGELAND



LILLIE STIPE

PIERCE COUNTY



**CLAIRE THOMAS** 

CALVARY DAY



MELINDA THOMPSON





SKYLAR WALKER

DAWSON COUNTY



MADELINE WOELFL

OCONEE COUNTY



### 2022 COTY 5A-7A TOP 30



MARY MARGARET ASHCRAFT



KYLI AVERY





**ADDISON BAIRD** 

VILLA RICA



EMERSON BEDNAROWSKI

McINTOSH



**TAYLEN BRYSON** 

JACKSON COUNTY

OLA



**KENNEDY COLLIER** 

UNION GROVE



**ELIZA COX** 

EAST COWETA



**ALYSSA CUMMINGS** 

GREATER ATLANTA CHRISTIAN



EMILY CYBUL

WALTON



ELIZABETH DAVIS

LAKESIDE-EVANS



PEYTON DAVIS

NORTH FORSYTH



MACY DEBOY

McINTOSH

LANIER

NE.

MADISON DELONG EAST COWETA



AVERY GUNTER
WALTON



EMERSON HALCOMB

NORTH GWINNETT



KATHRYN HENDRICK

ALLATOONA



CAROLINE HILLEY



KATE MAIDEN

NORTHGATE



BAYLEE McCARTHY

ANNABELLE REASONS



MADISON McGOWAN

**ALEXIS ROBINSON** 

NORTHGATE

LANIER



ELLA ROSE MOWRY
NORTH PAULDING

**PIPER ROBINSON** 

DENMARK

LAKESIDE-EVANS



(A

AVA NGUYEN DENMARK

ADDISON SPELL
CREEKVIEW



BUFORD



MARY STEGALL

VILLA RICA



EMMA VIAR

NORTH PAULDING

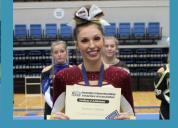


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CREEKVIEW

# 1A-4A TOP 16



















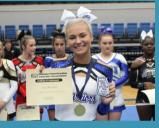


5A-7AT

TOP 16









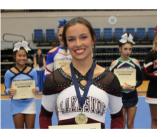




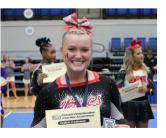




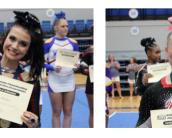


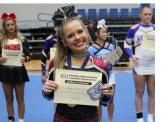


















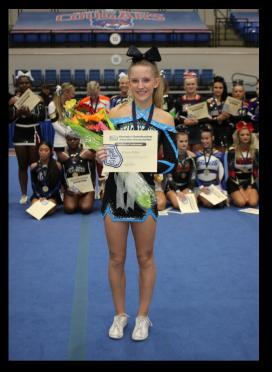












## 1A-4A

CHEERLEADER OF THE YEAR

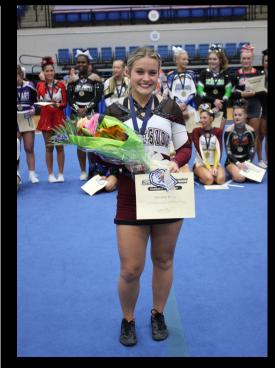
# Emma Hibbs STARR'S MILL



**5A-7A** 

CHEERLEADER OF THE YEAR

Caroline Hilley LAKESIDE-EVANS



March 10-11, 2023

# Save the day

2023 Spring Conference

UGA - Athens, GA Center for Continuing Education

CHECK OUT OUR UPDATED WEBSITE FOR HELPFUL INFORMATION & THE LATEST NEWS! www.georgiacheer.com

# FOLLOW US ON SOCIAL MEDIA



gcca\_cheer



GCCA Georgia Cheerleading Coaches Association



### Competitive cheerleading

- 1. Tournament directors should scan and send the master score sheets to Penny (penny@ghsa.net) no later than Monday morning at 9 AM following their competition. Scores from the day's competition will be posted on the GHSA website this year.
- 2. Review all the rules about hair, beads, nails, and jewelry before you allow teams to practice and step on the mat for a competition. The NFHS Spirit Rules book is available in our office or on Amazon.
- 3. Rosters are due by Oct. 1 st on the MIS site. All cheerleading coaches should have a log-in for that website. If not, ask your AD for that information. Don't forget to ask your Principal to approve your music. The GHSA expects all schools to follow copyright laws. Keep in mind that rosters may be edited at any time.

### Spirit Cheerleading

- 1. Review the rules on hair, beads, and nails. In addition, please know the difference in approved surfaces on which you can stunt and tumble. Under no circumstances should baskets be thrown on asphalt tracks. Please check the NFHS Spirit Rules book that educates you on approved surfaces.
  - 2. Continue to make sure your painted "run through" signs are positive messages cheering on your team or for a cause.
    - 3. September is Cancer Awareness month for fall sports.
- 4. Remember that Sept. 19-24 is Officials Appreciation week. We would love to see a TikTok from your team or school, please use #thankaref #ghsa #saac.



GHSA Media Timeout



Cheerleading Score Sheets



Penny Pitts Mitchell
Associate Director
Cheer & Dance/Title IX/Gymnastics/SAAC



# IMPORTANT DATES

September 19-24: Official's Appreciation Week

October 1: Deadline to submit rosters online at

app.ghsa.net

November 5: Region/Sectionals

November 11: 2A. 3A. 4A. 6A State Cheerleading

November 12: 1A. 5A. 7A. COED State Cheerleading



### Georgia Cheerleading Coaches Association





GCCA MEMBERSHIP FORM

### 2022 Platinum Sponsors



Jessica Crawford 678.300.7834

678.300.7834 jcrawford@varsity.com



Kelly Tarkington

912.659.2797 www.nfinity.com kelly@nfinity.com



Asia Chatman

407.312.9697 achatman@varisty.com



Mallory Brown

478.714.2703 www.rebelathletic.com Mallory@RebelAthletic.com



Asia Chatman

407.312.9697 achatman@varisty.com



Torey Rose

770.982.9913 sales@famuse.co

#### 2022 Gold Sponsorships



Dave & Meg Pizza

678.488.0827 sales@jitsouth.com



Kelvin Moses

404.861.8035 www.cookiemanfundraising.com moses@cookiemanfundraising.com



Lyn Smith

706.473.1691 lyn@diversefundraising.com



Melissa Mott

800.336.4486 Ext 1649 www.gtmsportswear.com melissa.mott@hanes.com



Cody Fleming

700.900.0009 cody@raisemoolah.com



Christian Shemitt

678.471.3503 sales@giftedgear.com

### 2022 Bronze Sponsors



Madison West

madison.west@snapraise.com



Stephen Larrimore

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Mark Bunting

248,218,0532

#### 2022 Silver Sponsorships



Kelly Halcomb

770.633.7985 www.cdaspirit.com kellyhalcomb@hotmail.com TITEAMLEADER

Sheridan Ralston

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sheridan@teamleader.com



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