

GHSA RULES SITUATIONS/INTERPRETATION (NFHS SPIRIT RULES)

August 18, 2006

Situation 1:

A participant arches her back and drops her head backward while: (a) standing on the performing surface; (b) being carried in a deadman lift; (c) being tossed.

Ruling: (a), (b), and (c) are now legal. The rule addressing the drop of the head and alignment was deleted. If the flyer becomes inverted then the violation would be called under Rule 2-8-2, page 22.

Situation 2:

A participant is standing on the performance surface and performs: (a) a handstand that arches over into a sponge with two bases and a separate head and shoulders spotter; (b) a forward suspended roll; (c) a handstand that arches over into a shoulder sit without a spotter.

Ruling: (a) is legal; (b) and (c) are illegal. In (b) forward suspended rolls are not permitted from the performing surface; In (c) the inverted portion of the stunt requires a spotter. (Rule: 2-8-2)

Situation 3:

A flyer in an extension prep drops into a half pendulum caught by: (a) two people; (b) three people; (c) four people.

Ruling: (a) is illegal; (b) and (c) are legal. (Rule: 2-8-5)

Situation 4:

During a routine on a gymnasium floor, a spirit team: (a) performs a helicopter; (b) performs a log roll; (c) loads a flyer into the hands of two bases and the flyer is immediately tossed and cradled by the original bases with a separate head and shoulders spotter.

Ruling: (a) and (b) are both legal as long as all rules are followed; (c) is illegal. In (c) no basket tosses or stunts similar to a basket toss are allowed on the gymnasium floor.

(Rule: 2-10-2)

Situation 5:

A basket toss is performed on: (a) wet grass; (b) a gymnasium floor; (c) a wrestling mat; (d) a cheer performance mat; (e) a rubberized surface on an outdoor track.

Ruling: (a) and (b) illegal; (c), (d), and (e) are legal.

(Rule: 2-10-2)

Situation 6:

A flyer is tossed in a face-up, layout position by four tossers/catchers:
(a) rotating 180 degrees in the horizontal plane; (b) rotating 360 degrees in the horizontal plane.

Ruling: (a) legal; (b) illegal. (Rule: 2-10-10)

Situation 7:

A flyer is tossed in a face-up, layout position, rotating 180 degrees in the horizontal plane. There are three tossers, one located at the flyer's shoulders and one located on each side of the flyer's torso, who do not move prior to the catch.

Ruling: Illegal. There is no participant in the position of a head-and-shoulders catcher at the end of the stunt. (Rule: 2-10-10)

Situation 8:

A flyer performs a braced tick-tock from a single-base extension.

Ruling: Legal. Flyer must remain vertical. (Rule: 2-11-1)

Situation 9:

A double-based flyer in a liberty with a spotter is braced by two flyers in shoulder stands who have spotters. The flyer is popped to a tucked position on her back, then is popped to: (a) an extension prep; (b) a straddle sit and is popped again to an extension prep.

Ruling: (a) and (b) legal. Consecutive loss-of-contact transitions are permitted, provided all conditions of this rule are met during each transition. (Rule: 2-11-1)

Notes to all:

****Please remember that when using the new scoresheet and scoring the fundamental required skills:**

1. The place where the officials check the Level of Performance is an indicator of what the judge believes the team is attempting to perform.
2. The score is a reflection of the level the judge feels the team actually performed the skill being attempted.

****Officials are not timing the routine for half of it to be cheer/chant and half to be dance. They will expect, however, to see all of the elements that go into a cheer/chant and a dance. This would include team work. Incorporations can be used. A team should at some point display team work in each area. The officials will look for team work with timing, synchronization, levels, choreography, motions, and all other elements of each area of performance.**